

SALADS & SIDE ORDERS

INSALATA VERDE - Green salad
INSALATA MISTA - mixed salad
ZUCCHINI FRITTI - Deep fried courgettes
FRENCH FRIES

ANTIPASTA

ZUPPA DEL GIORNO
Homemade soup of the day served with crusty bread
CRISPY DI POLLO
Strips of chicken fillet, deep fried in breadcrumbs and served with sweet chilli dip
BRUSCHETTA CLASSICA (V)
Toasted homemade bread topped with chopped tomatoes, onions, garlic & basil, drizzled with olive oil and parmesan shavings
CALAMARI FRITTI
Deep fried rings of fresh squid served with tartar sauce, garnished with fresh leaves and lemon
FEGATINI LA ROCCA
Spicy chicken livers with fresh chillies, garlic, peppers & onions in a red wine sauce

GARLIC BREAD

PANE ALL'AGLIO (V)
Garlic bread
FORMAGGIO (V)
Garlic bread with cheese
POMODORO (V)
Garlic bread with tomato
ROSMARINO (V)
Garlic bread with rosemary
MEZZO MEZZO (V)
Garlic bread with half cheese and half tomato
FORMAGGIO CON FUNGHI (V)
Garlic bread with cheese and mushroom
FORMAGGIO CON SALAMI
Garlic bread with cheese and salami
PICCANTE (V)
Garlic bread with tomato, onion, chilli and a hint of cheese

PIZZAS

MARGHERITA (V)
Cheese & tomato
PROSCIUTTO
Cheese, tomato & ham
SALAME
Cheese, tomato & salami
TROPICALE
Cheese, tomato, ham & pineapple
CAPRICIOSA
Cheese, tomato, ham & mushrooms
SORRENTO
Tomato, mozzarella, spicy pepperoni, sausage, onions & chilli
POLLO
Tomato, mozzarella, chicken, peppers

PIZZAS contd.

TRATTORIA
Tomato, mozzarella, spinach, mushrooms, dolcelatte cheese & spicy pepperoni
VESUVIO
Cheese, tomato, spicy salami, onions & fresh chilli
CONTADINA
Cheese, tomato, chicken, mushrooms & sweetcorn
NAPOLI
Cheese, tomato, capers, onions, anchovies & garlic
VEGETARIANA (V)
Cheese, tomato, courgette, peppers, sweetcorn, mushrooms & spices
QUATTRO STAGIONI
Cheese, tomato, courgettes, ham, spicy sausage & mushrooms
PROTEICA
Cheese, tomato, spicy salami, ham, bacon, sausage & chicken
LA ROCCA
Cheese, fresh tomato, rocket, parmesan & parma ham
CALZONE
A folded pizza with tomato, mozzarella, ham, mushrooms, spinach & olives

PIZZAS - Extra Toppings

£1.00

If you would like something different!

WHY NOT CREATE YOUR OWN PIZZA BY ADDING YOUR CHOICE OF PIZZA TOPPINGS TO YOUR PREFERRED SIZE OF A MARGHERITA BASE (RELEVANT TOPPING PRICE APPLIES)

PASTA

GLUTEN FREE PASTA AVAILABLE ON REQUEST

LASAGNE AL FORNO
Oven roasted lasagne with bolognese, bechamel, parmesan, mozzarella cheese and tomato sauce
SPAGHETTI CARBONARA
Spaghetti cooked with bacon, egg yolk, cream and parmesan sauce
SPAGHETTI BOLOGNESE
Spaghetti cooked in bolognese sauce
PENNE ARRABIATA
Penne pasta with tomato, salami, mushrooms, chilli and fresh basil
TAGLIATELLE CON POLLO
Strips of pasta, chicken, onions, peas, tomatoes and cream

RISOTTO

RISOTTO AI FUNGHI (V)
Sautéed rice cooked in a white wine and cream sauce, onions and mushrooms
RISOTTO CON POLLO
Rice sautéed with chicken, peppers, onions and tomatoes

POLLO

POLLO AI FUNGHI
Breast of chicken pan-fried with onions, garlic, wild mushrooms and white wine
POLLO AL PEPE
Breast of chicken with mixed peppercorn in a cream and red wine sauce
POLLO CONTADINA
Pan-fried chicken cooked with onions, peppers, tomatoes, garlic and chilli
POLLO STROGANOFF
Strips of chicken breast sautéed with onions, mushrooms, wholegrain mustard, brandy & cream and served with rice
POLLO FIORENTINA
Breast of chicken topped with ham, cheese, spinach, tomatoes and cream sauce
All chicken and steak dishes are served with roast potatoes and vegetables

PESCE

COD PICCANTI
Pan fried cod with onions, mushrooms in a spicy sauce and served on a bed of rice or tagliatelle
SALMONE ALL GRIGLIA
Salmon steak, pan-fried with butter, white wine and lemon juice

BAMBINI MENU

SPAGHETTI NAPOLI (V)
Pasta with a tomato sauce
PASTA BOLOGNESE
Our classic bolognese sauce served over our pasta of the day
PIZZA MARGHERITA
Cheese and tomato pizza with a choice of three toppings
CHICKEN NUGGETS & CHIPS
CHICKEN FILLET & CHIPS

All children's dishes include ice cream or fruit salad

